

# ILLINOIS FACT SHEET

## INTERGENERATIONAL SHARED SITES

### DEFINITION

Intergenerational shared sites are programs where older adults and young people receive services at the same site and both generations interact during regularly scheduled intergenerational activities, as well as through informal encounters. Generations United uses the term “Intergenerational Shared Site”; others refer to these types of programs as intergenerational day care or inter-/multi-generational centers.

### OVERVIEW

The use of space by multiple generations not only makes common sense but can be an important solution in helping communities and organizations stretch scarce resources. By constructing innovative facilities that allow for the sharing of resources, intergenerational shared site programs can meet the needs of and improve outcomes for children, youth, and older adults. The current fiscal constraints faced by communities across the nation are forcing many to make tough decisions on the construction and rehabilitation of facilities and the delivery of critical services. Intergenerational shared sites also act as a mechanism to optimize limited resources while helping to address the social implications of an increasingly age-segregated society where children often spend their days in school and/or childcare centers, while many elders socialize in age-isolated facilities.

### BENEFITS OF INTERGENERATIONAL SHARED SITES

- Enhances quality of life for all participants
- Provides needed services to the community
- Increases cost savings & opportunities to share resources
- Enhances employee benefits for programs with on-site care
- Attracts additional funding & positive public relations
- Improves attitudes about different age groups

### BENEFITS FOR YOUTH/CHILDREN

Young people gain an enhanced perception of the elderly. They benefit from interpersonal relationships with persons from a different age group, who can provide guidance, wisdom and support and have the opportunity to share their unique skills and talents as well. Preschool children involved in intergenerational programs had higher personal/social developmental scores (by 11 months) than preschool children involved in non-intergenerational programs.

### BENEFITS FOR OLDER ADULTS

Studies show that sharing activities with younger people promotes positive health gains for older adults such as burning more calories due to exercise, sustaining fewer falls, and a reduction in reliance on canes. Adults with dementia or other cognitive impairments experience more positive affect during interactions with children than they do during non-intergenerational activities and these changes last even after the activity ends.

### INTERGENERATIONAL PROGRAM COMPONENTS

Intergenerational shared sites vary in structure, but are generally composed of two components; one that serves the needs of older adults and a second that serves children/youth. In addition, many facilities have designated “shared spaces” that provide additional opportunities for spontaneous intergenerational interaction. *The following chart lists common program models and components:*



## **DISTINGUISHED ILLINOIS SHARED SITES**

### **GENERATIONS OF HOPE**

Rantoul, IL

- A five-block small-town neighborhood where children adopted from foster care find permanent and loving homes, as well as grandparents, playmates and an entire neighborhood designed to help them grow up in a secure and nurturing environment.
- Seniors of the community volunteer for six hours a week in turn receiving reduced rent but also an opportunity to serve as mentors and teachers, grandparents and family.
- The Intergenerational Center is the heart of the Hope Meadows community, a place where children and seniors can come together for learning and recreation.
- For additional information, visit <http://www.generationsofhope.org/hope-meadows/>

### **CONDELL DAY CENTER FOR INTERGENERATIONAL CARE**

Libertyville, IL

- The Condell Day Center was the first program of its kind in Illinois. Founded in 1992, it houses both an adult day center as well as a child day care. In July of 2002, it added an outpatient rehabilitation program for all adults.
- The Center hopes to help develop life skills for its participants and foster the formation of relationships between children and seniors.
- The Center has uniquely designed facilities for both children and seniors as well as a gym, solarium, and conference centers for both shared and separate activities.
- For additional information, visit <http://www.advocatehealth.com/condell/body.cfm?id=133>



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*Generations United is the only national membership organization focused solely on improving the lives of children, youth, and older people through intergenerational strategies, programs, and policies. GU represents more than 100 national, state, and local organizations representing more than 70 million Americans. GU serves as a resource for educating policymakers and the public about the economic, social, and personal imperatives of intergenerational cooperation. GU provides a forum for those working with children, youth, and older adults to explore areas of common ground while celebrating the richness of each generation.*

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